Focus on Frankfort

City of Frankfort
Spring, 2016 Volume 3, Issue 2

The City and KSU Partner for Reforest Frankfort 2016

The eighth annual Reforest Frankfort took place on the morning of April 2 on the campus of Kentucky State University. Although the City of Frankfort is the official sponsor, KSU hosted the event that drew over 700 participants. Several other organizations including Kentucky's Office of Urban Forestry, the Frankfort Tree Board and Franklin County contributed to the success of this year's event.

Festivities began at KSU with a 4K "Run for the





Trees." Participants then planted approximately 2,000 trees on campus.

The event included children's activities, local musicians, door prizes, over 30 exhibitors and a tree giveaway. Thanks to everyone who helped organize the event and to all participants who helped the City and KSU celebrate Arbor Day.

Frankfort Fire/EMS to Activate New Cardiac Arrest Protocol in May

The Frankfort Fire Department will soon be putting new procedures in place which they feel will increase the quality of care for cardiac arrest patients according to Fire Chief Eddie Slone.

Cardiac arrest occurs when the heart malfunctions and stops beating unexpectedly, which is caused by arrhythmias, including abnormal or irregular heart rhythms. When this occurs, immediate attention is needed by starting CPR, using a defibrillator to shock the heart and establish a normal heart rhythm. In many cases cardiac drugs are administered. Without these tools death can occur within minutes of a cardiac arrest.

Frankfort Fire and EMS' new protocols include staying on the scene longer and giving quality care

at the site according to Emergency Medical Services Director Steve Clark. Clark said in the past the accepted course of action was for Emergency Medical Services (EMS) to immediately transport the patient to the hospital via ambulance. "It's extremely difficult to perform CPR in the back of a moving ambulance. We just can't give the quality of care that is needed in those situations," Clark said.

Frankfort Fire and EMS Medical Director Dr. Walt Lubber stated that studies show performing CPR in a moving vehicle is often ineffective, but early CPR involving good, quality chest compressions is a key element in the

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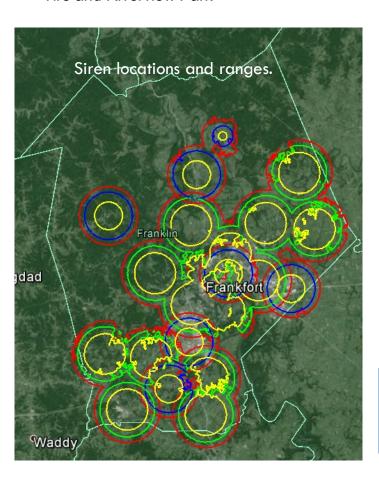
Frankfort/Franklin County OEM Upgrades Siren System

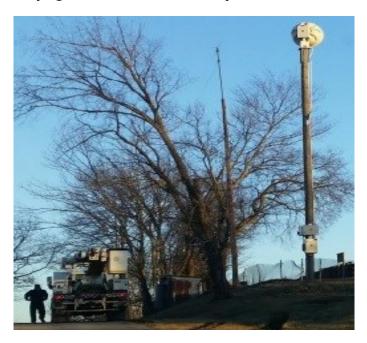
On Monday, April 4 Frankfort-Franklin County Office of Emergency Management conducted the first full scale test of the newly updated outdoor warning system which includes 15 new sirens.

Frankfort-Franklin County Office of Emergency Management maintains a network of 21 outdoor warning sirens throughout Frankfort-Franklin County. Their purpose is to warn citizens who are outdoors of severe weather.

New sirens located in the City include:

- Coffee Tree Road across from the Vietnam War Memorial
- Browns Ferry next to Juniper Hill Golf Course
- Wilkinson Boulevard next door to Douglas Tire and Riverview Park





 Off Versailles Road behind Farmers Bank (Cardinal Drive)

This enhances our coverage for outdoor warning in the city significantly. The two additional primary sirens are located behind Cardinal Office Supply on East Main, and the other at Bondurant Middle School.

OEM stressed the importance of the upgraded outdoor siren system to alert the citizens of Frankfort and Franklin County during inclement weather, giving them additional minutes or seconds to take shelter. "When citizens are indoors they should rely on local news sources or a weather radio. However, if citizens are outdoors and hear a siren, **seek shelter immediately**," said OEM's Tom Russell.

For a list of siren testing dates and additional information see the Office of Emergency Management's website at: http://frankfortema.org/sirens/.

We're on the Web— Frankfort.ky.com Volume 3, Issue 2 Page 3

Public Works Deputy Director, Keith Parker, has Roots in Franklin County

The City of Frankfort's Public Works Department welcomed Keith Parker as its newest Deputy Director on March 22. Keith, a life-long resident of Franklin County, is a graduate of Franklin County High School and the University of Kentucky.

Prior to coming to work for the City, Keith had a 23-year career with the Kentucky Department of Fish and Wildlife. He retired from Fish and Wildlife in November of 2015. "I'm looking forward to working for the City. I know several people with the City and I'm excited to work with them." Keith also said the fact that his new position is with his local community is appealing. "I want to help the Frankfort serve its

citizens by working to solve some of their problems," he said.

In his time away from work Keith enjoys hunting, fishing and boating. He also spends time with his wife of 17 years, Molly, and their two children. His 13-year-old daughter,



Grace, and his 14-year-old son, Sam, both attend Elkhorn Middle School.

Firefighters —(continued from page 1)

survival for cardiac arrest patients. "A second that CPR is delayed is less of a chance for that patient's survival. We want to give each patient the best possible chance we can," Lubber continued.

Essentially, the new protocol ensures the nationally recognized standard of care is carried out as quickly and efficiently as possible and without interruptions.

"We will be implementing another significant change in protocol during cardiac arrest responses. After 20 minutes with the patient either we get return of spontaneous circulation or we pronounce the patient deceased on scene after consulting with a physician via phone or radio," said Lubber about the new standard.

"There is a misconception that the hospital ER can do so much more for the patient experiencing sudden onset cardiac arrest, but there is not a lot that we (paramedics) can't do for the patient that the hospital ER staff can. We do CPR, intubations, IVs, meds, and defibrillation. There have been many times that we get

the patient to the hospital ER only to have the physician on call pronounce the patient deceased immediately. This is because the cardiac arrest protocol has already been completed by the crew providing care," Clark explained. "They do have more people on hand, but the care is essentially the same."

According to Chief Slone these new protocols, although new to Frankfort and essentially to the state of Kentucky, are part of an evolving standard. "The truth is we are not going to be able to save every patient that goes into cardiac arrest, but we feel these changes will enable us to give patients the best possible chance of survival," Slone said.

Slone continued, "Our goal is not only to increase the success rate with cardiac arrest, but also preserve their long term quality of life. With the implementation of these new protocols coupled with the definitive care at Frankfort Regional Medical Center, especially the emergency cardiac catheterization, I think we are headed in the right direction."



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Please send questions or story ideas to rhall@frankfort.ky.gov or call 502/352-2076.



Make sure your trash and recycle container is at least 3 feet from mailboxes, parked cars, trees, light posts, other carts and that the handle and lid hinge is facing your residence. Please ensure the lid is closed to prevent damage to cart(s). Thank you for your cooperation. If you have questions please contact City of Frankfort Solid Waste Department at (502) 875-8527.